

Infant/Toddler

Sept/Oct 2020 NEWSLETTER

Themes

All About Me Fasten Up Dino Time Let's Pretend

Shapes and Colors



Opposites on/off

Vocabulary

friends, washing hands, shoes, jacket, dinosaurs, fire truck, pretending, mask

Sign Language

red, wash, clothes, orange, all done





Together Time Activities

Here are some fun activities you and your child can enjoy together!

Picking Up Toys

Picking up toys is not only helpful, it can be a learning experience. For example, when children put toys into containers by type, they are practicing sorting in a meaningful way. It's easier for children to learn to pick up when you work alongside them and make specific suggestions for what to do.

Getting Dressed

When your child begins to show interest in dressing skills, try letting her do the last step. For example, start pulling off her sock, and then let her finish. That way, she feels successful. Next time, she can do a bit more.

Big and Little Steps

Take great big dinosaur steps and then little baby dinosaur steps together.

• A Box Can Be...

Offer a box for play. Your child will find many fun ways to play with it.

Nursery Rhymes

Nursery rhymes teach children auditory skills and help them develop an appreciation for rhyme and rhythm. They also help children develop language, memory, creativity, and other cognitive skills.



One, Two, Buckle My Shoe

One, two, buckle my shoe; Three, four, shut the door; Five, six, pick up sticks; Seven, eight, lay them straight; Nine, ten, a big fat hen!

Bat, Bat, Come Under My Hat Bat, bat, Come under my hat, And I'll give you a slice of bacon; And when I bake, I'll give you a cake, If I am not mistaken.



Look for Books

I Can Do It Too! by Karen Baicker

Say Hello! by Rachel Isadora

Today I'm Going To Wear by Dan Stiles

The Pop-Up Dinosaurs Galore! by Giles Andreae

Firefighter Frank by Monica Wellington

I Spy with My Little Eye by Paula Vásquez



Cooking Together

When cooking with infants and toddlers, allow them to help in a safe way with mixing, pouring, rolling, mashing, shaking, etc. Use words to describe what you are doing and what you plan to do next. Talk about what you see, smell, feel, hear, and taste.

Pumpkin Slow Cooker Oatmeal

2 cups water

2½ cups milk (can use almond milk)
1 cup steel cut oats
1 cup pumpkin puree
1 tsp. pumpkin pie spice

Breakfast is important, but it can be hard to manage in the morning! With this recipe, you can wake up to a warm, healthy breakfast. The night before serving, place all of the ingredients in a slow cooker and set on low. Cook 5 to 9 hours. (The time will vary some according to your slow cooker.) Serve warm as is or top with butter and maple syrup or molasses. Sing Along with Me

Find these songs at **www.funshineexpress.com**

Welcome Friends

Sung to "Pawpaw Patch"

Welcome, welcome, welcome friends! Welcome, welcome, welcome friends! Welcome, welcome, welcome friends! Glad you are here today!



Say *hello* to my friends now, Say *hello* to my friends now, Say *hello* to my friends now, Glad you are here today!

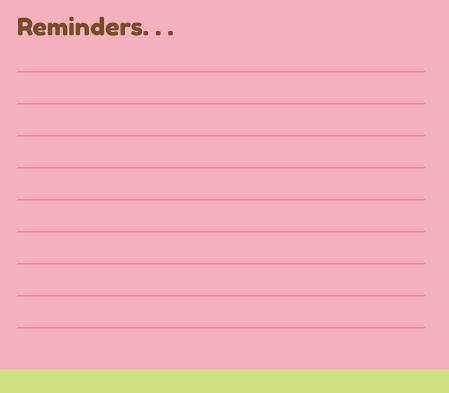
T. Rex Romp

Sung to "This Old Man"

This T. Rex, this T. Rex, he goes tromping all around, With a stomp and a tromp and a (clap, clap, clap), This T. Rex is tromping on!

This T. Rex, this T. Rex, he goes roaring all around, With a snarl and a growl and a great big (ROAR), This T. Rex is roaring now!

Perform the actions in parenthesis.





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